




CITY OF DORAL Office of the City Manager Letter to Council

LTC No. 014-2023

To: The Honorable Mayor and Members of the City Council

From: Barbie Hernandez, City Manager 

Date: July 24, 2023

Subject: **Aetna Workplace Well-being Making a Difference Award**

This Letter to Council (LTC) serves to inform the Mayor and Members of the City Council of the recent recognition received by the City of Doral. The City of Doral is proud to announce that we have received a Making a Difference Gold level Aetna Workplace Well-being Award. This award is the culmination of our employees' desire to live healthier, more active lives and make well-being a priority. As an employer with a strong commitment to improving the health of our employees, we feature a comprehensive well-being strategy that our employees are passionate about. The Workplace Well-being Awards by Aetna was established in 2017 and candidates are selected by a peer review committee made up of well-being professionals with an average of 25 years of experience who review and score all applications based on pre-defined criteria.

This is the fourth year in a row the City of Doral has applied and is honored to be selected as a Gold Level status. We were one of 117 companies across the nation being recognized for creating a healthier workplace. Winners were selected based on cumulative scoring of the Aetna Workplace Well-being Award application. The workplace well-being program focuses on creating and maintaining an active lifestyle, mental health awareness and treatment, group and individual exercise programs, incentives for gym memberships, no-cost to the employee primary care visits, and other creative wellness initiatives. Our award application and well-being program was honored based upon our superior performance in the following areas:

- Highest participation rates for Health Fair
- Peerfit Program
- Established wellbeing program

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“Congratulations to the City of Doral” says Nathan Burandt, Aetna, Wellness Manager. “This recognition shows how they emphasize the importance of employee well-being. We’re proud to be partnered with the City of Doral.”

c. Maria T. Jose, Human Resources Director
Rita Markowycz, Assistant Human Resources Director
Lauren Scull Sanchez, Senior HR Generalist