



YOGA AT THE PARK



FREE!!!

**Saturdays at 9:00am
Doral Central Park
3000 NW 87th Avenue
*Weather Permitting***

**Improve your health by
increasing flexibility, gaining muscle
strength, toning your body, and
decreasing stress!**

***All participants must complete a
registration form and waiver to
participate. Registration will be
available on site day of class.***

**All levels welcome!
*Remember to bring a
Yoga Mat or Towel***

**For More Information Contact:
Morgan Levy Park Community Center
305.482.9590
doralparksinfo@cityofdoral.com
www.cityofdoral.com/parks**